



19<sup>th</sup> Annual  
**Running Raider 5K**  
**Sunday, September 3, 2023**  
 Russia, OH

**Follow Us on Facebook @RunningRaider5K - Russia, OH**

**Registration:** Race Day Registration and Pre-Registration pick up is from 7:45 a.m. until 8:45 a.m. at Russia Local School (100 School Street, Russia) in the Commons Area.

**5K Race Starts at 9:00 a.m.**

Register online at [www.cantstoprunningco.com](http://www.cantstoprunningco.com) (Local Race Registration link) or mail this completed form, with check made payable to Russia Homecoming Festival, to 213 Homestead Place, Russia, OH 45363. Professional Chip Timing by Can't Stop Running Co.

**Entry Fees:**

- \$25.00 Pre-Registration Fee, includes t-shirt. (Post-marked by August 23<sup>rd</sup>)
  - \$15.00 Pre-Registration Fee, without t-shirt. (Post-marked by August 23<sup>rd</sup>)
  - \$20.00 Race Day Registration, without t-shirt
- \*A limited number of t-shirts will be sold day of race

**Race Awards:** \$100.00 gift card to the overall top male and female runner. Medals to the top three places in each age group. (10 & under, 11-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-69, and 70 & over)

**1-Mile Fun Run:** FREE 1-mile Fun Run starts at approximately 9:45 a.m. at the corner of Borchers and Raider Streets.

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 Cut off bottom portion, return with check payable to Russia Homecoming Festival

**Name:** \_\_\_\_\_ **Sex:** M or F **Age (race day):** \_\_\_\_\_

**Address:** \_\_\_\_\_ **City:** \_\_\_\_\_ **State:** \_\_\_\_\_ **Zip:** \_\_\_\_\_

**Phone:** \_\_\_\_\_ **Email:** \_\_\_\_\_  
 (Optional)

T-shirt size (circle one): Youth Medium   Youth Large   Small   Medium   Large   XL   2LX (add \$2)   No Shirt  
**Sizes are Unisex**

Please sign the consent form below and enclose check payable to Russia Homecoming Festival. Mail the form and enclosed check to Running Raider 5K, 213 Homestead Place, Russia, OH 45363. Please postmark by August 23, 2023. All proceeds go to Russia Homecoming Festival. For questions, please email [RunningRaider5k@gmail.com](mailto:RunningRaider5k@gmail.com).

**Consent and Release (must be signed in order to participate)**

In consideration for my being permitted to participate in the Running Raider 5K, I hereby release, discharge, and agree to hold free and harmless the Russia Homecoming Committee and volunteers and each of them together with their successors, assigns, officers, agents, and employees from any and all liability for injuries to property or person suffered by me as a result of my participation in the Running Raider 5K. By my execution of this waiver, I verify that I am physically fit and have sufficiently trained for the completion of this event and my physical condition has been verified by a licensed medical doctor. This release shall be binding upon my heirs, executors, and administrators.

\_\_\_\_\_  
 Runner Signature (parent signature if under 18)

\_\_\_\_\_  
 Date

OFFICIAL USE ONLY:  
 Payment Type / Amount Paid  
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